

*'It's about our life, our health,
our care, our family and
our community'*



Joint Health Overview and Scrutiny

24th January 2020

NHS Long Term Plan

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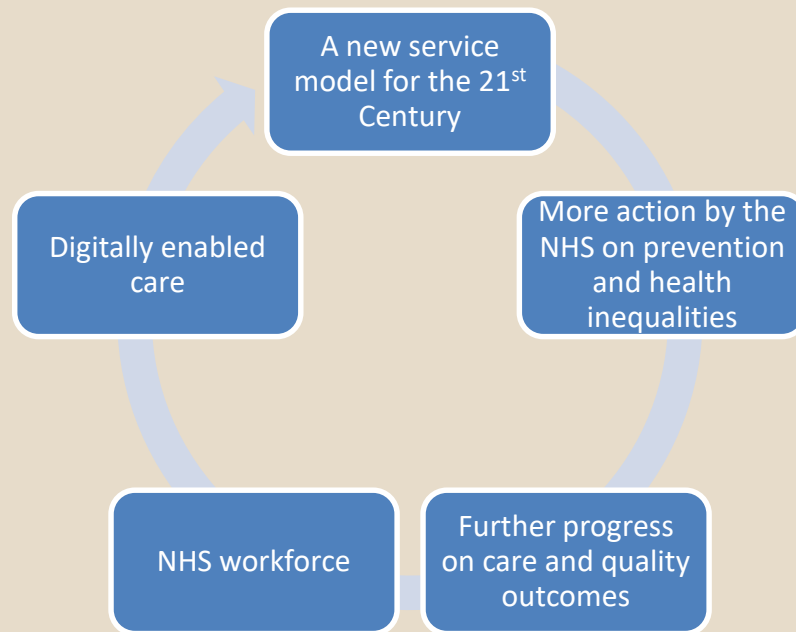
**Andy Williams, Chief Executive, Leicester,
Leicestershire and Rutland Clinical
Commissioning Groups**

**Sarah Prema, Executive Director of
Strategy and Planning**

Agenda Item 8

What is the NHS Long Term Plan asking us to do?

The NHS Long Term Plan was published in January 2019 and sets out the key priorities for the NHS over the next decade underpinned by a longer term financial settlement



How we are responding to the NHS Long Term Plan

- Workforce
- Digital
- Estates



- Developing the strategic commissioner role
- Developing the NHS collaborative working
- Developing Primary Care Networks
- Developing wider partner working

- Having a population health management approach
- Improving prevention
- Reducing health inequalities
- Giving people more control over their own health
- Improving primary care
- Redesigning community services
- Reducing pressure on emergency services
- Transforming elective care

Further progress on care quality and outcomes

- Carers
- Maternity and neonates
- Children and Young People – Physical and emotional health
- Mental Health
- Learning Disabilities and autism
- Cancer
- Long Term Conditions – CVD; Stoke; Diabetes; Respiratory

Primary Care

Strengthening and investing in primary care including:

- 6 million invested in primary care to support resilience, transformation and enhance levels of care for some of our most complex patients
- 122,000 more appointments per year available to see a GP early mornings, evenings or at weekends
- 14 international GPs recruited and working in practice during 2019 with a second cohort due this year
- 25 Primary Care Networks established creating new roles including clinical pharmacists and social prescribing link workers
- In 2020/21 we will concentrate on how primary care is accessed



Community Services

Delivering support close to people's homes provided by community, primary and social care teams working together services including:

Investment of £2.4 million to develop:

- More medical cover - GPs and community teams working together to keep people at home
- More capacity delivering a crisis response in 2 hours including 6 additional reablement support workers
- 7 day therapy service in the community from 1 April to keep people out of hospital at the weekend
- 3 more therapists working to reduce waiting lists
- Further investment to be announced shortly which will support keeping older people well at home and avoid hospital admissions



Mental Health

Transforming and extending access included:

- Extended access to crisis support to reduce the pressure on the emergency department
- More people, who have signs of psychosis receiving early intervention to care
- Improved care in a crisis to help people to be discharged earlier and receive treatment at home
- New children and adolescent mental health unit



Acute hospital care

Redesigning acute service making them sustainable:

- Introduced a referral support service initially for four specialities to ensure c. 24,000 patient get the right care, in the right place and at the right time. To date 28% have been treated in primary and community settings and 8% returned to GP with advice
- Worked to improve GP support and education which has led to 12,000 fewer requests for unnecessary or duplicate pathology tests
- Enabled people to have consistent access to procedures and treatments
- Reduced the number of patients being brought back to clinic to 1% instead of 15%, after a hip and knee replacement, through virtual surveillance
- Major improvement proposed through acute and maternity reconfiguration
- During 2020/21 we will work to transform a number of care pathways to improve outcomes and efficiency including considering different follow-up options



Key opportunities

- Move from reactive medicine to proactive care
- Invest in prevention, mental health, primary and community care enabling a reduction in growth in hospital care
- Invest in staff and support them to develop new skills and deliver care differently ∞
- Reconfigure our estates
- Innovate using technology to share patients' records and offer new services
- Overcome workforce challenges and share responsible to help people move through the system seamlessly
- Share financial resources, cut duplication, waste and delays



Working together to improve outcomes for our population

Evolving our relationship and developing a new way of working together including:

- Workforce planning e.g. making Leicester, Leicestershire and Rutland a place that people want to work in
- Climate and air quality
- Digital offer and infrastructure

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